

राष्ट्रीय इलेक्ट्रॉनिकी एवं सूचना प्रौद्योगिकी संस्थान (रा.इ.सू.प्रौ.सं.)  
National Institute of Electronics and Information Technology (NIELIT)  
(An ISO 9001 : 2008 Certified Organisation)

इलेक्ट्रॉनिकी एवं सूचना प्रौद्योगिकी विभाग, संचार एवं सूचना प्रौद्योगिकी मंत्रालय, भारत सरकार  
Department of Electronics and Information Technology (DeitY)  
Ministry of Communications and Information Technology, Government of India

Ref. No. DOEACC/CCU/MIS/03(Vol.VI)/631

16/06/2015

**OFFICE MEMORANDUM**

Subject: **Celebration of International Day of Yoga on 21<sup>st</sup> June, 2015**

A copy of communication No. 9(1)/2015-GC dated 03/06/2015 regarding Celebration of International Day of Yoga on 21<sup>st</sup> June, 2015 is enclosed herewith for information and necessary action please.



(Janak Raj)

Registrar

To,

1. Director / Director-in-charge – all NIELIT Centres
2. All HOWs at Headquarters
3. IT Division, NIELIT : alongwith DVD of different Yoga Asanas with a request to upload the contents of DVD at NIELIT circular portal.

No.9(1)/2015-GC  
Ministry of Communications and Information Technology  
Department of Electronics and Information Technology  
Electronics Niketan, 6 CGO Complex, Lodi Road  
GC Section

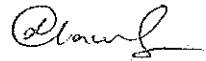
New Delhi-110003  
Dt : 3/6/2015

**Subject : Celebration of International Day of Yoga on 21<sup>st</sup> June, 2015 – regarding**

United Nations has declared 21<sup>st</sup> June as the International Day of Yoga. The Ministry of AYUSH being the Nodal Ministry (for domestic celebration) has decided to celebrate this event in a befitting manner in association with other Ministries/Deptts. and Yoga Institutions throughout the country. As part of the celebration, a mass Yoga demonstrations will be organized at Rajpath between Rafi Marg Crossing and C.Hexagon crossing including side lawns on 21<sup>st</sup> June, 2015 from 7:00 am to 7:35 am. About 35,000/-participants are expected to perform the Yoga asanas. Hon'ble PM has been invited to lead the event. M/o AYUSH has send DVDs and Booklets so that officers of the rank of Under Secretary and above participate in the event and to get some hands on training on these simple Asanas. The M/o AYUSH has applied for record of this historic occasion in the Guinness Book of World Records in the category of the largest Yoga class/demonstration at a single venue, and if some officials turn up without practice and their performance is not upto the mark, there will be a risk of record claim being affected.

Further, M/o AYUSH has also started imparting training of these asanas at the Grih Kalyan Kendras under DOPT. Moreover, training modules of these Asanas have also been started at Morarji Desai National Instt. Of Yoga, 68, Ashoka Road, New Delhi from 1<sup>st</sup> to 19<sup>th</sup> June, 2015. The details of these sessions may be seen in the enclosed letter.

In view of the above, all the officers of this Department of the rank of US and above are requested to participate in the above said event. Interested officers may get some hands on training on these Asanas from instructional Videos also which are available at a link in intradeity website.

  
(D.P. Chawla)  
Section Officer

To

1. All GCs
2. DG(STQC)/DG(NIC)/CCA/CAT
3. All heads of Autonomous bodies, MD (NIELIT)
4. Intradeity

Copy to : NIC Cell – with a request to upload the contents of the enclosed DVD, received from M/o AYUSH, at the Intradeity portal for providing hands on training to the officers willing to participate in the above said event.

*21/6 M Q*  
*SA*

*Regd/Co*

*Pl inform to all centres and also upload CD of got copy of CD and send to all centres in central*

*AJH*  
*8/6*

प्रबन्ध निदेशक का कार्यालय / MD's Office  
दैनिकी नं./Dy. No. 9709  
आवक तिथि /Dt. IN. 05-06-15  
जावक तिथि /Dt. OUT. 08-06-15

NIELIT  
Registrar's Office  
Diary No. 1655  
Date In. 8.6.15  
Date Out.....



सत्यमेव जयते

नीलांजन सान्याल  
NILANJAN SANYAL

सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा  
युनानी, सिद्ध एवं होम्योपैथी (आयुष) मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए., नई दिल्ली-110023

SECRETARY

GOVERNMENT OF INDIA

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY  
UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)  
AYUSH BHAWAN, 'B' BLOCK, GPO COMPLEX  
INDIA, NEW DELHI-110023

Tel. : 011-24651950 Telefax : 011-24651937

e-mail : secy-ayush@nic.in

D.O. No.S.11012/13/2015-IEC (AYUSH)

25<sup>th</sup> May, 2015

*Dear Secretary,*

Kindly refer to my D.O. of even number dated 13<sup>th</sup> May, 2015 and Cabinet Secretary's D.O. letter no.271/2/2015-CA-V dated 22<sup>nd</sup> May, 2015 regarding the mass Yoga demonstration/ class at Rajpath between Rafi Marg and C. Hexagon crossings including side lawns on 21<sup>st</sup> June, 2015 from 07.00 a.m. to 07.35 a.m. as part of celebration of the International Day of Yoga.

2. We have already sent instructional DVDs and booklets of Common Yoga Protocol / Asanas to be performed during this mass Yoga demonstration/ class to your Ministry / Deptt.

3. As the Ministry has applied for record of this historic event in the Guinness World Records in the category of largest Yoga class at a single venue, it is expected that the officials who turn up for this mass performance, have some hands on training on these easy Yoga Asanas. Grih Kalyan Kendras under Deptt of Personnel & Training, Ministry of Personnel, Public Grievances and Pensions have already started imparting training in these Asanas. In addition, we have also started training modules for these Asanas at Morarji Desai National Institute of Yoga (MDNIY), 68, Ashoka Road, New Delhi 110001 on common Yoga protocols at Institute's premises from 1<sup>st</sup> June to 19<sup>th</sup> June, 2015 from Monday to Friday as follows :

1 <sup>st</sup> Batch	-	06.00 a.m. to 07.00 a.m.
2 <sup>nd</sup> Batch	-	07.00 a.m. to 08.00 a.m.
3 <sup>rd</sup> Batch	-	06.00 p.m. to 07.00 p.m.
4 <sup>th</sup> Batch	-	07.00 p.m. to 08.00 p.m.

On week-ends from 30<sup>th</sup> May, 2015 i.e. on Saturdays and Sundays (30<sup>th</sup>, 31<sup>st</sup> May, 6<sup>th</sup>, 7<sup>th</sup>, 13<sup>th</sup> & 14<sup>th</sup> June, 2015) :-

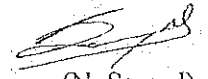
1 <sup>st</sup> Batch	-	06.00 a.m. to 07.00 a.m.
2 <sup>nd</sup> Batch	-	07.00 a.m. to 08.00 a.m.
3 <sup>rd</sup> Batch	-	08.00 a.m. to 09.00 a.m.

Contd.....2

4. I would be grateful if you could kindly ensure that officers of the rank of Under Secretary and above from your Ministry / Deptt get some hands on training on these Asanas using the instructional booklets, DVDs and the scheduled training and participate in the event with necessary practice. Invitation cards, etc. would be sent separately.

*With regards,*

Yours sincerely,



(N. Sanyal)

To,

All Secretaries of Ministries/Departments,  
Government of India